



NEWSLETTER #2

Dear riders

Race day is getting closer, are you ready to survive the elements?

In this letter:

1. The start.
2. Final routes.
3. What can I expect at the checkpoints?
4. How is the tracks?
5. What can I expect at the finish?
6. Camping at Appin Guest Farm.
7. Riders crates.
8. Bike mechanics.
9. Training.

1. **The start**

Appin Guest Farm gps coordinates(28°22'54"S /29°16'35"E)

How do I get there?

On the N3 at Swinburne turn off to the Shell Ultra City.

+_ 20m behind the fuel station, turnoff to left.

Follow Trans Drak directions.

Follow farm road for +- 3km to Appin Guest Farm.

2. **The final routes**. GPS tracks will be available to download on webpage by 24th February 2018.
3. **What to expect at checkpoints.**

Check point #1- Farm ScheidersClain 27km

Banana Muffins - Bananas - Jelly Babies - Coke - Water - Powerade

Tantjiesberg - 53km

Meatballs - Potatoes - Date Squares - Queenies - Bananas - Jelly Babies - Coke - Water - Powerade

Msonti Caves - Only water 84km:

Check point # 2 - Zand River Secondary School 109km

Hamburgers & Chips - Jelly Babies - Chocolate Squares -Coke - Water - Powerade

Check point # 3 - Geluksburg 142km

Soup & Breads - Nougat - Bananas - Coke - Water - Powerade - Coffee/Tea/Milo

Middledale Pass - Only water 153km

Check point # 4 - Cliffort Estate 177km

Wors - Potatoes - Chelsea Buns - Oats Squares - Bananas - Coke - Water - Powerade -

Coffee/Tea/Milo

4. **How is the tracks?**

Farm district roads 60%.
Farm jeep tracks 30%
Tar 6%
Single tracks 4%
Steepest incline +_ 12% at Middledale Pass

5. **What can I expect at the finish?**

Warm Meal & Coffee

6. **Camping at Appin:**

NOTE: First come, first serve.

Please let us know if you are making use of the FREE camping space at Appin Guest Farm.
Only one space per team.

Take note that showers will only be available to riders and 1x one support per team.

Ablutions will be available to ALL

Bar facilities and Snack Bar will be available to ALL. Please bring cash.

7. **Riders crates.**

For those teams without support.

(a) 3x Crates will be available for checkpoint #2, #3 and #4 on the FULL Trans Drak.

(b) 2x crates will be available for checkpoint #3 and #4 on the MINI Trans Drak.

Supporters: Will only be allowed at Checkpoint #2 , #3 and #4 (Maps will be issued)

8. **Bike mechanics:** Will be available at the Start.

9. **Training:**

If you have not reached the 10-15 hour training per week by now, then the Trans Drak 2018 is not going to be easy. Good luck!!

Enjoy your tapering and remember to have the bike serviced before hitting the road to the "Small Drakensberg" region.

Tintwa Team

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