

TRANS DRAK MTB Quest 2018

Rules



Equipment

Helmet:

All riders have to wear an approved cycling helmet which must be fastened at all times. If a rider is found at any stage during the race not wearing his/her helmet, will immediate be disqualified.

No helmet, no ride.

Headlight:

Part of the route will be in the dark - so all riders have to ride with a suitable bicycle headlight and a rear red light.

No light, no ride.

Bicycle:

All sections of the race have to be completed on the same bicycle. Changing of bikes during the race is not allowed.

Please start with a bicycle in a sound mechanical condition.

Bike Numbers

At registration, you will receive a bag containing the numbers for you and your team. These will have the riders' name on them. Do not swap your number with another rider! Attach your bike number to the front of your bike using at least 3 cable ties, securely fastened to the handle bar, so it is flat and can be easily seen from the front without any cables obscuring it. Do not wrap it around your stem!

Riders must display race numbers at all times!

Compulsory equipment

Participants must be properly equipped for night riding (headlight and red tail light). **Please use the back tail light on the on mode as flickering induce epileptic fits.**

The following compulsory equipment is required and must be seen as the bare minimum to be on the bike (this will be checked by officials):

1. Basic first aid kit (with space blankets, bandages, etc.)
2. Windbreaker & space blanket (each rider)
3. Puncture repair kit, pump or cannister & spare tube.
4. Lights and spare batteries (when applicable).
5. Whistle
6. Emergency contact list.
7. GPS with navigation.



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Rules



Riders race containers.

Main Trans Drak race - 200km

Each team in main race will be issued with **3 race containers** which will be transported to checkpoints 2, 3 en 4.

Race containers are not accessible outside of the checkpoints and riders are responsible to ensure that the containers are correctly packed. Stickers for containers will be available in race packs at registration.

Race containers must be handed in on race day at registration between 06:00 and 08:00AM. No late hand- in's and no exceptions will be allowed.

Tintwa Team does not accept responsibility for any loss or damaged goods.

Mini Trans Drak race – 147km

Each team in mini race will be issued with **2 race containers** which will be transported to checkpoint 2 & 3. Race containers are not accessible outside of the checkpoints and riders are responsible to ensure that the containers are correctly packed. Stickers for containers will be available in race packs at registration.

Race containers must be handed in on race day at registration between 07:00 and 08:00AM. No late hand- in's and no exceptions will be allowed.

Tintwa Team does not accept responsibility for lost or damaged goods.

IMPORTANT:

Containers must be placed back at the same point where they were collected, before your departure from any of these checkpoints.

Note: The race containers will be taken to the finish where the contents can be collected between 08:00 - 10:00 on Sunday at the Finish. Unclaimed and forgotten goods/equipment will be secured in our storage facilities and if not collected after 1 month it will be donated.

Support

Back up, support vehicle and support group.

Riders are welcome to have a back-up support team and will only be allowed to support at checkpoints 2 & 4.

No support outside of the designated checkpoints area will be allowed and any transgression in this regard will lead to disqualification.

Any support vehicle found on the route and linked to a team or rider, will result in the immediate disqualification of that team / rider.

Riders can lodge a complaint against support drivers not obeying the rules or acting in an unsafe and inconsiderate way towards the riders. This can be reported at any checkpoint and finish.



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Rules

Disqualifications and Time Penalties

Appeals for transgression of rules must be lodged in writing at the very next CPM.

Appeals will be dealt with at the FINISH.

Disqualification will result for transgression of the rules and especially the following which will be applied strictly:

- Teams not checking in at checkpoints.
- Team members not finishing together.
- All members of a team not completing the race.
- Teams receiving assistance from support vehicles on-route.
- Teams support vehicles travelling on the riders' route.
- Teams whose team members have been assisted (picked-up) by sweep vehicle.
- Teams not finishing within the time limit.
- Three time penalties against a team any form of littering.
- Bad sportsmanship and abuse towards officials.

Disqualification mean that the team will not qualify for team prizes or positions and times will not be official.

Individual finishers will however receive their finisher's medal.

Time penalties will apply for the following transgressions:

- Team members not checking in together at checkpoints.
- A maximum of a 2-minute gap will be allowed between members.
- Ill-equipped teams (No lights, no compulsory equipment).
- Teams losing their tokens.
- Valid appeals against a specific a team.
- Time penalties will be a minimum of 20 minutes and will depend on the transgression.
- Time penalties will be added at the finish and not enforced at checkpoints.

Marshalls and officials will apply rules at own discretion.

The decision of the race commissar will be final.

The route

Public roads

The event will take place on gravel roads, jeep tacks and single tracks and no road closure will be applied. All riders must adhere to the basic traffic rules.

Marshals are there to warn traffic, but the responsibility lies with the rider to look out for traffic, ride on the left hand side of the road, stop at all stop signs and intersections and only proceed when it is totally safe.

The road is open for normal traffic.

Please obey all traffic rules and respect all officials, marshals and medics.



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Rules

The route will not be marked. Where possible and necessary, route markings will be used in conjunction with the GPS. Riders must ensure that they are familiar with the route. Maps and GPS files will be available on website. GPS devices will be compulsory.

Additional rules

Should a team member not be able to continue, that member must be escorted by the team until the next checkpoint is reached. The withdrawal must be reported to the nearest marshal or Checkpoint Marshal (CPM). The rest of the team will be allowed to continue and will still qualify for individual medals & certificates. Tokens must still be checked at each checkpoint. In the case of a 2-member team, the remaining team member must link up with another team or individual with the same rules applying.

It is recommended to always ride with someone for safety reasons. Solo riders must do the same.

Should any team members complete the distance within the 24-hour time and comply to the rules, he or she will receive a medal. That team will however not be in contention for a prize.

Cut-off time

Halfway Cut-off time at Checkpoint #2 will be Saturday 06:00PM. Teams not meeting this cut-off must withdraw.

Medics and Mechanics.

Medical and mechanical assistance will be available at specific checkpoints and on the route.

Sweep vehicles

Event Sweep Vehicles will be available to act as pick-up for those that are forced to withdraw. Ambulance vehicles (medics) are available on-route to assist with emergencies. Unfortunately, it will be unavoidable to prevent official vehicles to pass cyclist – please bear with us as this will be limited as far as possible.

Checkpoints

Teams will receive their lanyard with the first token at the check-in at the Start line.

Teams must check in and check out at the designated checkpoints. Note: (Also at the START)

Before teams depart they must receive their token/sticker from the Marshal.

Food and drinks will be supplied at checkpoints only. Note: **ONLY WATER WILL BE AVAILABLE AT WATER POINTS**



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Rules

Tandem riders

Tandem entries will be allowed but must be accompanied by another bicycle or tandem in the team. The team must consist of two separate bicycles.

Only if more than 10 tandem entries are received will a separate tandem category be considered.

Withdrawal

Should anybody be forced to withdraw from the event for any reason the following recovery procedures will apply:

Recovery from START to Checkpoint #4 will be done by the sweep vehicle.

A sweep vehicle will travel behind last participants to assist/collect anyone with problems (mechanical and/or otherwise) and transfer them to the next Checkpoint.

Rider safety

The event is not recommended for beginners.

Ensure to take enough liquids before, during and after the race.

Team members must stick together at all times.

Teams must ensure that support vehicle driver know their designated route, checkpoints and the support driver rules!

Weather

The event will take place irrespective of weather conditions unless intervened by Disaster Management. Teams must be prepared for all weather conditions.

An alternative route will be used should any weather extremes makes it impossible.

Age

All ages are calculated using the age you are on 31 December. The minimum age for riders is 18 years.

Race Times and Race Results

The team time is taken when the last team member crosses the finish line. The team must hand in their team lanyard/token to the finish marshal.

Results will be available early Sunday morning.

The unofficial results will be available on the website (www.transdrakensberg.co.za) within 48 hours after the event.

The official results will be released once all penalties are incorporated in the finish times.



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Thunder storms and lightning:

Lightning: What You Need to Know

- *NO PLACE* outside is safe when thunderstorms are in the area!!
- If you hear thunder, lightning is close enough to strike you.
- When you hear thunder, *immediately* move to safe shelter: a substantial building with electricity or plumbing or an enclosed, metal-topped vehicle with windows up.
- Stay in safe shelter at least 30 minutes after you hear the last sound of thunder.
- Do not hide under a tree.

Indoor Lightning Safety

- Stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity.
- Avoid plumbing, including sinks, baths and faucets.
- Stay away from windows and doors, and stay off porches.

Last Resort Outdoor Risk Reduction Tips

If you are caught outside *with no safe shelter anywhere nearby* the following actions *may* reduce your risk:

- Immediately get off, your bike, elevated areas such as hills, mountain ridges or peaks
- Never lie flat on the ground – rather sit on your heels in a ditch or hole.
- Never shelter under an isolated tree
- Never use a cliff or rocky overhang for shelter
- Immediately get out and away from ponds, lakes and other bodies of water

Stay away from objects that conduct electricity (barbed wire fences, power lines, windmills, etc.)

PLEASE DO NOT LITTER!

